

**SOCIOLOGY IN MENTAL HEALTH CARE: LEARNING PLAN**  
**Kristina Day-0513 RPN**

Learning Objectives	Resources and Strategies	Types of Evidence of achievement	Criteria to validate objectives achieved
<p><b>To be able to define and understand the concept of sociology and how it pertains to mental health</b></p>	<p><b><u>Resources:</u></b></p> <p>Rogers &amp; Pilgrim (2009). <i>A Sociology of Mental Health and Illness</i>, specifically Chapter 1, 7, 9. Perspectives on mental health and illness, the mental health professions, and the organization of mental health work.</p> <p><b><u>Find:</u></b> other resources on Ebscohost or google scholar that define and explain the relationship of sociology to mental health</p> <p><b><u>Participate:</u></b> in clinical rotation through community crisis response team (CCRT) for mental health patients in crisis and gain a better understanding of what sociology means to mental illness</p>	<ul style="list-style-type: none"> <li>• Completion and participation of community resource project comparison during clinical rotation</li> <li>• Clinical journal entry from September-November</li> <li>• Participated in community resource meetings where clients were discussed within the different resources they use</li> </ul>	<p style="text-align: center;"><b>5/5</b></p> <ul style="list-style-type: none"> <li>• Able to understand and explain the importance of sociology and how it affects mental health patients</li> <li>• Able to define and acknowledge the different organizations and resources involved with mental health patients in the community in order to increase the knowledge of my nursing process</li> </ul>

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<p><b>To discover how social structures and social environments impact people with mental illness</b></p>	<p><b><u>Resources:</u></b></p> <p>Rogers &amp; Pilgrim (2009). <i>A Sociology of Mental Health and Illness</i></p> <p><b><u>Participate:</u></b> in weekly forum discussions throughout the course with reference to Rogers &amp; Pilgrim (2009) text</p>	<ul style="list-style-type: none"> <li>• Participate in forum discussions regarding economics, determinants of health, race and ethnicity, age and aging, social class and mental health</li> <li>• Clinical journal entry from September-November</li> <li>• PSR Essay on a current patient during clinical rotation and what community resources and social structures to put in place</li> </ul>	<p style="text-align: center;"><b>5/5</b></p> <ul style="list-style-type: none"> <li>• Able to understand how social structures and environments impacts mental health and wellness</li> <li>• Able to develop a care plan within the PSR essay using community resources and considerations of the patients socioeconomic factors</li> <li>• Able to notice the connection between health outcomes and socioeconomic by reading and observing patients histories and their behaviors</li> </ul>

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<p><b>To learn how stigma of mental illness affects a person's day to day well-being and what positive or negative factors contribute to their recovery</b></p>	<p style="text-align: center;"><b><u>Resources:</u></b></p> <p>Rogers &amp; Pilgrim (2009). <i>A Sociology of Mental Health and Illness</i>, specifically Chapter 2, 8, 11. Stigma revisited, the treatment of people with mental health and users of mental health services</p> <p><b><u>Find:</u></b> other resources on Ebscohost or google scholar that refer to stigma within mental health</p> <p><b><u>Participate:</u></b> in clinical rotation through community crisis response team (CCRT) for mental health patients in crisis and gain a better understanding of what stigma within mental illness</p>	<ul style="list-style-type: none"> <li>• Participate in forum discussions regarding stigma, determinants of health, race and ethnicity, age and aging, social class and mental health, and the treatment of people with mental illness</li> <li>• Clinical journal entry from September-November</li> </ul>	<p style="text-align: center;"><b>5/5</b></p> <ul style="list-style-type: none"> <li>• Able to identify how stigma affects mental health users and recognize different resources that help fight stigma within the community</li> <li>• Understanding why stigma occurs and how to advocate for patients to improve the effectiveness of psychiatric nursing</li> </ul>