

March 23, 2015

Stenberg College

Regional Diploma in Psychiatric Nursing Program

To Whom It May Concern,

My name is Shannon Day and I have had the privilege to mentor and teach Kristina Day (no relation) during her tenure as a student nurse, enrolled in the Stenberg Regional Psychiatric Nursing Program from her very first day until the end of her final practicum this March, 2015.

Kristina is an exceptional student. She consistently approaches her practice as a student nurse with a professional attitude, bringing a unique skill set as an ambulance attendant, to enhance her new skills as a practicing psychiatric nursing student. She is a kind and considerate individual, well-liked by her mentors, fellow students, and preceptors throughout her clinical experiences. She is reliable and has shown a knack for assisting/teaching fellow students specific skills previously learned in her job. This writer received positive feedback in regards to Kristina's professional nature and instinctive use of critical thinking skills, particularly in potentially inflammatory situations, from all her mentors, including myself.

Kristina has proven herself to be reliable and flexible, taking on extra tasks and displaying a willingness to "jump in" when needed especially during her final practicum at Vernon Mental Health where she had two preceptors, from two separate teams willing to mentor her. Both preceptors mentioned to this writer, her ability to take on any situation presented to her with utmost confidence made her an asset to their team. She is confident, but is also able to identify, and work on areas she needs to improve upon, quickly applying new skills. Kristina would be a valuable member of any team providing Mental Health Services, as she has excellent written and verbal communication skills, as well as the ability to work autonomously.

Sincerely,

Shannon Day, RPN, Advanced Diploma

A handwritten signature in blue ink that reads "S. Day RPN Adv. Diploma". The signature is written in a cursive style with a large initial 'S'.