



## Mid Term Evaluation

Student: Kristina Day

Cohort: 0513

Region: Okanagan

Date: October 14th, 2014

Instructor: Shannon Day

Semester: 5

Course: PSYN 212-5 PSR

### Standard 1: Therapeutic Interpersonal Relationships

#### Strengths

6.03 Able to recognize and identify her own feelings. "Overall I think it's a great placement and I have been overwhelmed with knowledge."

6.06 Able to take appropriate action in nursing situations through initiation to community referrals following intake assessments as cited in her journals.

6.08 Demonstrates a non-judgmental attitude as cited in her journal and acknowledged by her preceptor. "It was an amazing day starting with a birthday party for a homeless man at Tim Horton's."

#### Limitations

6.10 Has not been presented with an opportunity to implement alternate forms of communication with any patients.

## Standard 2: Application and Integration of Theory-based Knowledge

### Strengths

1.04 Beginning to recognize specific needs for individual clients after performing a mental status exam. "I felt comfortable with my decision of borderline personality disorder with a strong depressive episode, the psychiatrist agreed and decided to certify her and treat the current depression."

1.05 Starting to recognize the importance of prioritizing the needs of a patients and working with establishing goals through initiation of referrals to community programs.

10.01 Has been presented with numerous opportunities to seek and incorporate information from other resources in the community. "I was set up with the CP team who work directly with homeless clients and track them down around town to assess them."

10.02, and 10.03 Demonstrates an awareness of community resources available to clients and their need for further assistance following assessments. "We do a lot of work with community resources and directing clients to the different resources as needed."

10.05 Has initiated referrals to community resources following assessments of clients in the community as cited in her journals and signed off by her preceptor.

10.06 Has participated with other community resources to ensure continuity of care. "I got to ride along with B., a Rehab Worker who works on the streets of Penticton, alongside a social worker and a nurse."

### Limitations

1.10 Has not had the opportunity to follow up with clients as of yet once they have made their recommendations and referrals. "We do initial assessments in emergency situations and then pass the client off to a psychiatrist once they have been admitted to the hospital they are no longer in our care."

4.03 Has performed assessments for individual clients in the community but has not participated as of yet, in teaching clients and family in regards to health problems and practices as cited in her journal. "I was able to switch a shift in order to attend a presentation put on by my preceptor with the theme of suicide prevention which will be valuable for my future practice."

### **Standard 3: Professional Responsibility**

#### **Strengths**

5.02 Able to describe through journaling, evidence of accountability of her own nursing performance. "I find I'm struggling with finding the proper descriptive words for each category, I want to work on assessments and documentation."

5.03 Has sought guidance and help promptly when needed. "K. is going to take some time this week and go over to the IPU unit to do a mini mental status exam on patients to help me 'see' what each descriptive word looks like in order to put it into context when I document."

5.04 Beginning to identify her own learning needs in relation to patient care. "I'm hoping to continue completing assessments as well as practice mini mental exams on the IPU to gain more confidence in my documentation and my overall judgment of a patient's presentation."

5.09 Beginning to recognize legal implications of actions of self and others. "I observed a Code White with a psychotic client I had worked with a few times that day and slowly became more agitated to the point where she was a danger to herself and jumped at my preceptor trying to escape. We did a de-briefing as well."

#### **Limitations**

5.12 Has not yet had the opportunity to utilize advocacy for a patient during this clinical experience.

**Standard 4:** Professional Ethics

Strengths

7.02 Demonstrates recognition of incorporating feedback from her colleagues and preceptor as signed off on her competencies and cited in her journals. "S. has been great with teaching me and has gone over a power point presentation for the mental health act as well as extra pyramidal side effects on anti-psychotics which was really helpful."

7.04 Has had opportunities to verbalize her observations to many members of the multi-disciplinary team thus far as described in her journals. "S. and I did an assessment of a 21 year old girl who had taken an overdose. S. asked my possible diagnosis for her and I felt comfortable with my decision."

7.07 Has had many opportunities to utilize appropriate communication channels within the agency, providing assessment services as requested to the ER department of the regional hospital and in the community. "I've also been over to the IPU a few times and had a chance to interact with the nurses as well as patients."

Limitations

7.08 Has utilized the electronic documentation system following assessments with clients and cites this as an area she needs to improve on. "I'm doing really well at getting the overall impression of the clients presenting problems but as I type out the assessment I find it hard looking for the right description."

Absences: none

Mastery: Kristina has met the mid-term requirements

Instructor signature:

Student signature:





## Final Evaluation

Student: Kristina Day

Cohort: 0513

Region: Okanagan

Date: October 31<sup>st</sup>, 2014

Instructor: Shannon Day

Semester: 5

Course: PSYN 212-6 PSR

### Standard 1: Therapeutic Interpersonal Relationships

#### Strengths

6.01 Recognizes the effect of her own behavior on others while describing a situation she encountered with a child she was assessing in the Emergency department in Penticton. "The child was getting antsy again so I took him out to play in the ambulance. I knew the crew and they showed him around and let him play with the lights."

6.02 Appears to have a good grasp on understanding the dynamics of human behavior in reference to a distraught father dealing with his child who had been displaying angry and aggressive outbursts. "When he found out we had given him Ativan, to try and calm his son down, he screamed and yelled at everyone in the ER."

6.04 Recognizes and identifies the feelings of others. "After explaining to the dad who I was and why the doctor had given him medication, he saw his son liked me and that he was safe with me."

6.05 Shows an understanding of interpreting her own behavior on others through her description of modeling fun behavior to a child who was waiting for services in the ER department. "We went to the grass and did cartwheels, we walked around the hospital finding different ways to get back. He stayed by my side and never attempted to run away."

6.10 Had the opportunity to implement outdoor play as an alternate form of communication, with a young patient, as cited in her journal.

#### Recommendations

Moving forward in her practice, I would suggest that Kristina continue to hone her skills in the area of therapeutic relationships by journaling at length, her feelings and descriptions of interactions. This will help her to explore deeper meaning and really draw on her personal strengths and perspectives for future interactions.

## **Standard 2: Application and Integration of Theory-based Knowledge**

### Strengths

1.10 Has participated in care planning and recording a nursing history for a number of clients while assessing clients in the Penticton Emergency Department, during the second half of this clinical experience due to the higher volume of assessments available.

4.03 Has had opportunities for health instruction during this clinical experience as described in her journals. "I explained that I was a nursing student and a paramedic and was sitting with his son while the others were discussing his treatment plan. I explained why the doctor had given his son the medication."

10.04 Has been presented with many opportunities to provide information to clients and families in regards to community resources, by way of assessments in the ER department and out in the community, as reported in person to this writer by her preceptor.

10.07 Is aware of, and has participated in the opportunity to plan treatment programs involving community resources where appropriate as reported by herself and signed off by her preceptor.

### Recommendations

Kristina has a good grasp on the community resources available to clients she has assessed, in the Penticton area, as well as other resources available in other communities. I would recommend that she continue on this path, possibly being placed in a community or hospital outreach setting for her final practicum. She has excellent assessment skills and has an ability to make informed decisions quite quickly, in regards to working with clients and assisting them with resources. She would benefit from a learning environment that is involved with acute assessments prior to admission such as community mental health out-reach or in-reach Emergency Mental Health services in the Okanagan.

### **Standard 3: Professional Responsibility**

#### Strengths

5.01 Displays an ability to evaluate her own nursing performance and identify areas of strengths and areas of which she can improve upon. "I still have a hard time using the proper term for the exact expression, content, mood or other aspects but I feel like I'm getting a better grasp on it."

5.08 Has been an asset to the team while assessing clients in the ER department and in the community, functioning within the policies of the agency as reported and signed off by her preceptor.

5.10 Assumes responsibility for her own professional development and displays self-awareness through leadership potential. "I decided it was in my best interest not to get too attached to the little guy and that letting him build trust with another nurse would be beneficial."

5.12 Assumed a role of advocate while caring for a young child in the ER department of Penticton Regional. "The triage nurse had told me to keep him in the room sitting down, without leaving. I had a discussion with her about how that made the situation worse, how I was responsible for him and that she didn't need to worry but it was in his best interest to get some fresh air and move around."

5.13 Has clearly grasped an understanding of social and ethical issues relating to psychiatric nursing. "Some huge ethical dilemmas arose when the father arrived. The child had already been referred to Children's Hospital in Vancouver for a full assessment, but when the dad cut ties with Mental Health, he fell through the cracks."

#### Recommendations

Kristina has a strong sense of injustice and knows her stance fairly quickly in potentially inflammatory situations. She has an innate ability to remain impartial and non-judgmental as she can see both sides of a situation and is able to make astute decisions while maintaining empathy. I would encourage her to continue to pursue nursing assignments which involve emergency assessments and community referrals as she is able to remain calm and utilize her critical thinking skills effectively.

#### Standard 4: Professional Ethics

##### Strengths

7.03 Has had opportunities to provide factual information to clients and their family members as cited in her journals. "When he came to see me and his son, he asked me a million questions about what medications he had been given, who had given it to him, and why. I explained that when his son came in, he was a danger to himself and others, he was under warrant with the RCMP."

7.05 Displays excellent perception while describing her observations when interpreting verbal and non-verbal communication. "The dad happened to be a firefighter and I earned a ton of respect from him after explaining to the dad who I was and why the doctor had given his son medication. He saw his son liked me, and that he was safe with me, so he went back to the doctors to finish the conversation."

7.06 Able to validate communications with colleagues, clients, and family members. "His dad thanked me for all I had done and I said I hoped he gets the help that he needs."

7.08 Has improved with documentation as reported by her preceptor and herself to this writer. She recognizes this is an area which she will still need to "fine-tune" as she becomes more familiar with the electronic documentation system, which is still being "rolled-out" in the Interior Health Authority.

##### Recommendations

Kristina would be an asset to any nursing team environment, yet she is also able to work independently. She should continue on her path, becoming involved in community assessments as she is professional, prepared, assertive, and kind. I would suggest she continue to hone her assessment abilities in an acute setting which not only involves patient care, but also allows for "branching out" opportunities such as a hospital setting which incorporates both acute care, Psychiatric Intensive Care and outreach mental health assessments in the ER department. This kind of experience would set a foundation for her to steer her career in the areas of community and emergency mental health.

Absences: none

Mastery: Kristina has met the final requirements

Instructor signature:

Student signature: