

## Midterm Evaluation

Student: Kristina Day

Cohort: 0513

Region: Okanagan

Date: March 10<sup>th</sup> 2014

Instructor: Krista Martens

Semester: 2

Course: PSYN 121-6 Acute Psychiatric Nursing Clinical

### **Standard 1:** Therapeutic Interpersonal Relationships

#### Strengths:

6.03 Recognizes and identifies own feelings. Kristina had to deal with the situation of discovering a cord in a pt.'s room; this was not her assigned pt. The pt. was not a suicide risk but the unit policy stipulates that all cords must be in the lock up area. She made the decision to report this to his assigned nurse, and his phone cord was removed. He was quite angry toward Kristina – she identified in her journal that she “struggled with this” and felt very “green.”

6.07 Kristina's manner during goal directed interactions was observed to be warm, empathetic and respectful – because of this she easily established rapport with her pt's.

#### Area to Grow:

6.10 Kristina felt she did not focus very much on this area and she would like to pay closer attention to less obvious communication limitations e.g. thought blocking in a schizophrenic pt. and understand alternative forms of communication.

### **Standard 2:** Application and Integration of Theory-based Knowledge

#### Strengths:

8.07 Kristina proved competent with regard to objective observation and recording techniques. One technique she employed was to look at the MSE document and first determine which of the areas was observable before she carried out the interview. This skill was evidenced in her documentation as well.

9.06 Kristina had the opportunity to be present during volatile situations and during a “code white” situation.

Area to Grow:

8.05 Kristina would like to work on becoming more familiar with the diagnostic criteria of more common mental illnesses in the new DSM V.

**Standard 3: Professional Responsibility**

Strengths:

5.04 Kristina was very open to the idea of understanding her learning needs. To do this, she took the opportunity to shadow other nurses on the unit to see how she could learn from them. In her journal she noted that she learned from one nurse about how to use medication administration times to take the opportunity to check with the pt. about their understanding of their medications and use that interaction to assess and educate.

5.08 Kristina was professionally attired and punctual for her shifts. She took her breaks at the agreed times and demonstrated a professional demeanor with her pt's.

Area to Grow:

5.13 Kristina would like to continue working on her ability to understand and recognize social and ethical issues related to psychiatric nursing practice.

**Standard 4: Professional Ethics**

Strengths:

7.08 Kristina showed good understanding of documenting her observations and actions on the appropriate records, and if she was unsure she asked for help.

7.04 Verbalizes observations to appropriate persons. Kristina was able to speak to different members of the multidisciplinary team to pass on relevant information about her clients.

Area to Grow:

7.03 Kristina would like to become more confident and aware about giving factual information to her clients, specifically with regard to pt. education.

Absences: 0

Mastery: (Please circle) YES NO

Is meeting expectations at the midterm

Instructor signature:

*K Mantens*

Student signature:

*W Dany*



## PSYN 121-6 Acute Psychiatric Nursing Practice: Clinical Final Evaluation

Student: Kristina Day

Cohort: 0513

Region: Okanagan

Date: April 15<sup>th</sup>

Instructor: Krista Martens

Semester: 2

Course: PSYN 121-6 Acute Psychiatric Nursing Clinical

### **Standard 1:** Therapeutic Interpersonal Relationships

#### Strengths:

6.08 Kristina was able to consistently display a nonjudgmental attitude in dealing with her assigned clients. When dealing with an OCD pt. she recognized that his illness was preventing him from following through with a morning plan she had made with him.

6.01 While attending a code white, Kristina was able experience the importance of staying calm and collected and how this can influence how smooth a code will run.

#### Area to Grow:

6.02 Kristina feels she needs more time to work on understanding the dynamics of human behavior and specifically how it relates to milieu management.

### **Standard 2:** Application and Integration of Theory-based Knowledge

#### Strengths:

3.45 Kristina had the opportunity to administer controlled substances. She showed diligence with understanding the policy first and then carefully following it.

3.49 Kristina safely administered her medications according to IH policy and employing the rights of medication administration each time.

#### Area to Grow:

9.07 Kristina did not have the chance to be involved with helping a client through the grieving process and she expressed a desire to seek the opportunity to participate in this kind of situation.

### **Standard 3: Professional Responsibility**

#### Strengths:

5.03 Kristina sought help and guidance without hesitation when she was unsure of herself. She had a situation where she was friends with one of the client's husband. She quickly sought help for how to deal with this. Another example is when she immediately told a nurse she had found a phone cord in a pt. room and to see how she should deal with it.

5.09 Kristina recognized the legal implications of her actions and others. She was involved with explaining forms from the mental health act to clients and she also understood that the clients file was a legal document and she needed to chart with that in mind at all times.

#### Area to Grow:

5.07 Kristina would like to explore this area more and understand it in terms of her own nursing practice.

### **Standard 4: Professional Ethics**

7.01 Kristina was effective in using various opportunities to engage in goal-directed communication with clients. She was able to use informal interactions as a way to gather information for her assessments.

7.02 Kristina was quick to incorporate feedback she received about her charting, pt. interactions or TR skills. She got feedback about increasing her communication with her client at medication times and she followed up with this right away.

7.07 She would like to get more experience and knowledge about using the appropriate communication channels within the agency.

Absences: 0

Mastery: (Please circle)  YES  NO

Instructor signature:

*J. Mantens*

Student signature:

*J. Perry*